

## 19 PRO & AMATEUR

### ADULT MEN'S WEIGHTCLASSES

**MEN AGES 19 & UP - ALL FIGHTERS REGARDLESS OF AGE OR WEIGHT**  
**The maximum amount of weight a fighter is allowed to lose after their first official weigh-in is 2 POUNDS IN 2 HOURS!**

WEIGHT CLASS	WEIGHT in lbs.	WEIGHT in kg.	MAXIMUM WEIGHT SPREAD	GLOVE SIZES P= PRO, A=AMATEUR	AMATEUR TOURNAMENT GLOVE SIZES
<b>Strawweight</b>	108.1 lbs. and *Below	49.09 kg and *Below	5 lbs. - 2.27 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Atomweight</b>	108.1 lbs. - 112 lbs.	49.13 kg - 50.90 kg	5 lbs. - 2.27 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Flyweight</b>	112.1 lbs. - 117 lbs.	50.95 kg - 53.18 kg	5 lbs. - 2.27 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Bantamweight</b>	117.1 lbs. - 122 lbs.	53.22 kg - 55.45 kg	5 lbs. - 2.27 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Featherweight</b>	122.1 lbs. - 127 lbs.	55.50 kg - 57.72 kg	5 lbs. - 2.27 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Lightweight</b>	127.1 lbs. - 132 lbs.	57.77 kg - 60 kg	5 lbs. - 2.27 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Super Lightweight</b>	132.1 lbs. - 137 lbs.	60.04 kg - 62.27 kg	5 lbs. - 2.27 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Light Welterweight</b>	137.1 lbs. - 142 lbs.	62.31 kg - 64.54 kg	5 lbs. - 2.27 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Welterweight</b>	142.1 lbs. - 147 lbs.	64.59 kg - 66.8 kg	7 lbs. - 3.2 kg.	P: 8 oz. - A: 10-12 oz.	10 oz.
<b>Super Welterweight</b>	147.1 lbs. - 153 lbs.	66.9 kg - 69.5 kg	7 lbs. - 3.2 kg.	P: 10 oz. - A: 10-12 oz.	10 oz.
<b>Light Middleweight</b>	153.1 lbs. - 159 lbs.	69.6 kg - 72.3 kg	7 lbs. - 3.2 kg.	P: 10 oz. - A: 10-12 oz.	10 oz.
<b>Middleweight</b>	159.1 lbs. - 165 lbs.	72.4 kg - 75 kg	7 lbs. - 3.2 kg.	P: 10 oz. - A: 10-12 oz.	10 oz.
<b>Super Middleweight</b>	165.1 lbs. - 172 lbs.	75.1 kg - 78.2 kg	7 lbs. - 3.2 kg.	P: 10 oz. - A: 10-12 oz.	12 oz.
<b>Light Heavyweight</b>	172.1 lbs. - 179 lbs.	78.3 kg - 81.4 kg	7 lbs. - 3.2 kg.	P: 10 oz. - A: 10-12 oz.	12 oz.
<b>Light Cruiserweight</b>	179.1 lbs. - 186 lbs.	81.5 kg - 84.5 kg	7 lbs. - 3.2 kg.	P: 10 oz. - A: 10-12 oz.	12 oz.
<b>Cruiserweight</b>	186.1 lbs. - 195 lbs.	84.6 kg - 88.6 kg	12 lbs. - 5.5 kg.	P: 10 oz. - A: 10-12 oz.	12 oz.
<b>Super Cruiserweight</b>	195.1 lbs. - 215 lbs.	88.7 kg - 97.7 kg	20 lbs. 9.1 kg.	P: 10 oz. - A: 10-12 oz.	12 oz.
<b>Heavyweight</b>	215.1 lbs. - 235 lbs.	97.8 kg - 106.8 kg.	20 lbs. 9.1 kg.	P: 10 oz. - A: 10-12 oz.	12 oz.
<b>Super Heavyweight</b>	235.1 lbs. and UP	106.8 kg. And UP	<b>No Limit</b>	P: 10 oz. - A: 10-12 oz.	12 oz.