

BOUT ROUND & REST LENGTHS

All "TOURNAMENT" Style Bouts & Titles are Only 3 Rounds.

AMATEUR

"EXHIBITION"						
BOUT TITLE	BOUNTS Non Judged Bouts For Entertainment	NON TITLE BOUNTS	State Regional or Area Title	National Title	Intercontinental Title	World Title
RULE STYLE	Rounds Round Length Rest Period	Rounds Round Length Rest Period	Rounds Round Length Rest Period	Rounds Round Length Rest Period	Rounds Round Length Rest Period	Rounds Round Length Rest Period
<u>Full Contact</u>	2 MAXIMUM 2 Minutes 1 Minute	3 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute
<u>International</u>	2 MAXIMUM 2 Minutes 1 Minute	3 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute
<u>MuayThai</u>	2 MAXIMUM 2 Minutes 1 Minute	3 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute
<u>Juniors</u>	2 MAXIMUM 2 Min. 1 Minute	3 Rounds 1:30 - 2 Min. <u>Varies By</u> <u>AGE</u> 1 Minute	5 Rounds 1:30 - 2 Min. <u>Varies By</u> <u>AGE</u> 1 Minute	5 Rounds 1:30 - 2 Min. <u>Varies By</u> <u>AGE</u> 1 Minute	5 Rounds 1:30 - 2 Min. <u>Varies By</u> <u>AGE</u> 1 Minute	5 Rounds 1:30 - 2 Min. <u>Varies By</u> <u>AGE</u> 1 Minute

PROFESSIONAL

"EXHIBITION"						
BOUT TITLE	BOUNTS Non Judged Bouts For Entertainment	NON TITLE BOUNTS	State Regional or Area Title	National Title	Intercontinental Title	World Title
RULE STYLE	Rounds Round Length Rest Period	Rounds Round Length Rest Period	Rounds Round Length Rest Period	Rounds Round Length Rest Period	Rounds Round Length Rest Period	Rounds Round Length Rest Period
<u>Full Contact</u>	2 MAXIMUM 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	7 Rounds 2 Minutes 1 Minute	10 Rounds 2 Minutes 1 Minute	10 Rounds 2 Minutes 1 Minute	12 Rounds 2 Minutes 1 Minute
<u>International</u>	2 MAXIMUM 2 Minutes 1 Minute	5 Rounds 2 Minutes 1 Minute	7 Rounds 2 Minutes 1 Minute	7 Rounds 2 Minutes 1 Minute	9 Rounds 2 Minutes 1 Minute	10 Rounds 2 Minutes 1 Minute

MuayThai

2 MAXIMUM	5 Rounds	5 Rounds	5 Rounds	5 Rounds	5 Rounds
2 Minutes	3 Minutes	3 Minutes	3 Minutes	3 Minutes	3 Minutes
1 Minute	*2 Minute	*2 Minute	*2 Minute	*2 Minute	*2 Minute

(*) Rest may vary between 1 and 2 minutes. This is decided in matchmaking